

Professional Development

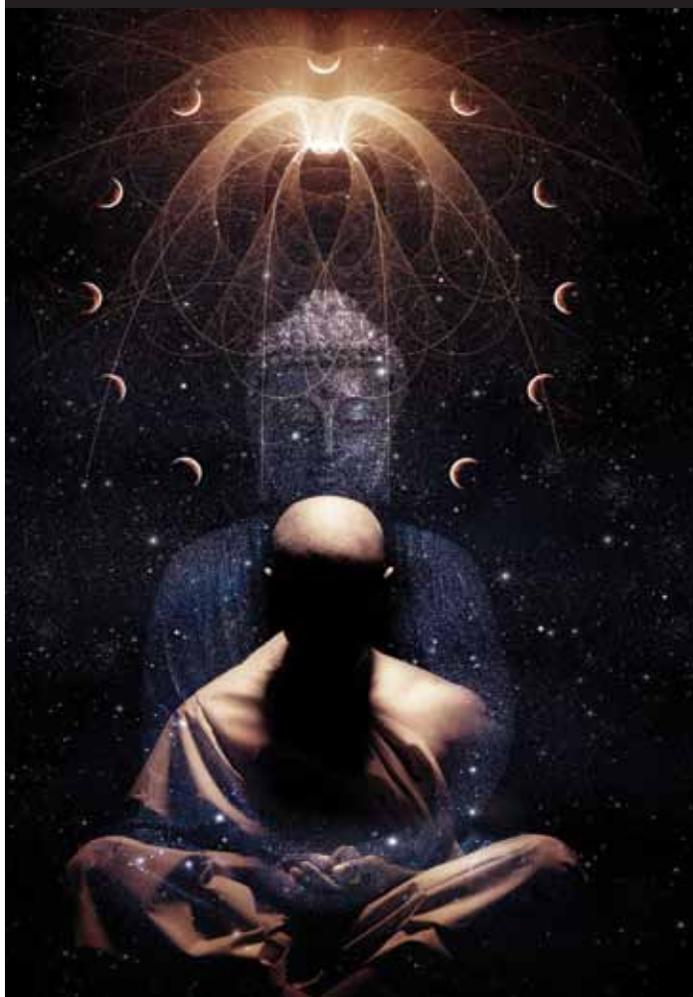
Professional development refers to the gaining of skills and knowledge both for personal development as well as career advancement.

Today's senior managers face a variety of complex challenges, ranging from the creation of effective organizational processes to helping the business reach specific goals.

Increasing the competency and effectiveness of employees is usually the driving factor behind a company's decision to either offer or require professional development. These programs can also boost morale by positioning participants to advance their careers through acquiring new skills or gaining insight into undiscovered areas of their lives.

As professionals become more and more specialized, and as companies narrow their core offerings, the importance of staying current on the latest developments is increasingly important. Professional development coaching is a great way to stay competitive in an ever-changing professional landscape.

Our Professional Development Coaching is the ideal way to improve communication, interpersonal, and leadership skills during individual sessions that deliver immediate, high-impact results.



Executive coaching is designed to help facilitate professional and personal development to the point of individual growth and improved performance. At Warrior Mind Coach we have a strong understanding of individual differences in a work place as well as the ability to adapt our coaching style and strategies.

Executive coaching works towards a specific professional goals. These include career transition, interpersonal and professional communication, performance management, organizational effectiveness, managing career and personal changes, developing executive presence, enhancing strategic thinking, dealing effectively with conflict, and building an effective team within an organization.

Personal Development

Personal development involves activities that improves a person's awareness and identity, develops talents and potential, enhance quality of life and contribute to the realization of dreams and aspirations.

Personal development can be thought of the process of improving oneself through such activities as enhancing employment skills, increasing consciousness and building wealth.

Personal development is as unique as the individual involved in it.

Personal development requires a framework if one wishes to know whether change has actually occurred. This why having a personal development/life coach is so important.

In the case of personal development, the coach is the primary witness of improvement, and validation of objective improvement requires assessment using standard criteria.

Personal development frameworks may include goals or benchmarks that define the end-points, strategies or plans for reaching goals, measurement and assessment of progress, levels or stages that define milestones along a development path, and a feedback system to provide information on changes.

Life Coaching

Life coaching draws upon a variety of tools and techniques from other disciplines such as sociology, psychology, positive adult development and career counseling with an aim towards helping people identify and achieve personal goals.

Achieve Peak Performance!

People are not born top achievers nor is it a matter of chance or dumb luck. Success comes from dedication to professional and personal development and by building your mental strength to the point that your unconscious thought patterns no longer hold you back.

The question is, can you do this all on your own?

One could argue that if you could do better on your own you already would have.

How are you supposed to use the same mind (same thoughts) to fix the problem? According to Einstein, this is pretty much impossible!

Taking advantage of a proven system, Warrior Mind Coach will give you the tools and assistance you need to achieve the greatest professional and personal development to achieve peak performance!

By working with Gregg Swanson, you will break through your self-limiting beliefs, emotions and thought patterns and discover a whole new world teeming with opportunity.

Before you can achieve peak performance, you must remove the mental boundaries that are holding you back.

Why continue to struggle alone or settle for a frustrated life when there is a much better option.

Warrior Mind Coach offers individual and group coaching and training as well as team building focusing on the neuroscience of change and the development of mental strength.

Success is about managed thoughts, focused attention and deliberate action.

Gregg Swanson, CPC, NLP

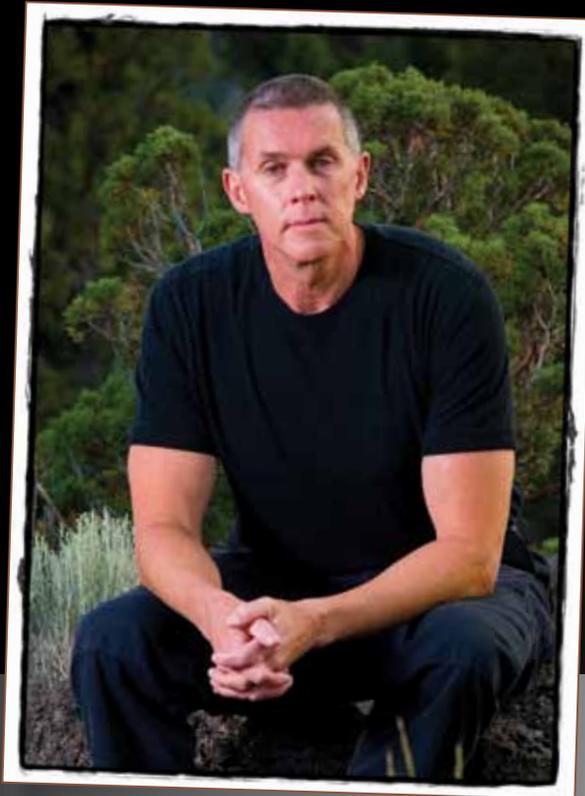
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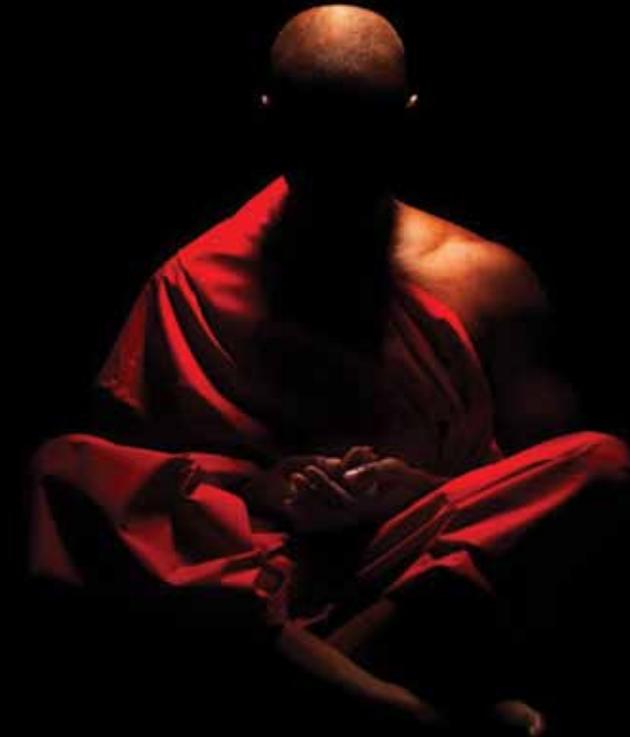
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Mind Coach

Achieve peak performance



**Personal *and* Professional
Development**

for Peak performance